HRA OVERSEAS

Canada PR readiness workbook

1. Profile and route questions

Use this worksheet to organise your evidence and questions before a counsellor review. It does not calculate an official score, determine eligibility or guarantee an invitation.

Your goal, preferred province and target timing

Education, qualifications and recognition records

Language tests: type, result, date and next step

Skilled work: duties, employers, dates and evidence

Family needs, travel history and questions to resolve

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2. Evidence tracker

Mark each record as available, requested or needing review. Record the source and expiry date where relevant. Your final checklist depends on the route and your circumstances.

Evidence area	Current state / gap	Owner	Due date
Identity and travel history			
Civil status and family			
Education and transcripts			
Recognition / assessment			
Language test records			
Work duties and references			
Funds and source records			
Translations / expiry review			

Questions for the counsellor or responsible authority

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3. Route review and action plan

Planning question	Option A	Option B
Route / programme to investigate		
Why it may fit the profile		
Evidence still needed		
Current source checked / date		
Costs and timing to confirm		

Next actions

Action	Owner	Target date

Review checkpoint: confirm the current route rules, score inputs, costs and supporting evidence before a filing decision. Keep unnecessary sensitive records out of shared copies.